

# CHANGE MANAGEMENT BASICS

## Mastering Change With Confidence

The only thing that is constant is change. This phrase from Heraclitus is more up-to-date than ever before. Change is part of the time we are living in and has become normality in business. When the working environment is changing constantly, staff can find this very challenging.

This interactive, digital training course makes staff from all levels of the hierarchy fit for change in the company by improving the manner in which they deal with change. With the help of practical examples, tips, exercises and tools, staff learn to find their own path through the change process and to shape change proactively in their company.

## Topics & Learning Aims

### Change As An Opportunity To Succeed

- Why is change important
- My changing situation
- People and change
- Growth through change
- Success factor: attitude
- Four rooms of change

### Focussing On Successful Change

- Vision
- Expectations of roles
- Wheel of success
- Setting goals
- Motivation

### Key To Successful Change

- Wishes and needs
- Tips for yourself (e.g. acceptance, courage and openness, optimism)
- Tips for dealing with the people around you (e.g. communicating expectations)
- Shaping change proactively

## The Course

The aim of the interactive digital training course is to develop and improve participants' willingness and ability to change. In the online module, they become acquainted with the most important methods and models for dealing with change. They can use the practical transfer tasks to develop effective methods that enable them to master change with confidence.

## Preparation For The Course

No preparation is necessary for taking part in the course 'Change Management Basics'.

## Method

- Modular structure
- Practical transfer tasks
- Self-reflection exercises
- Workbook and summary

## Target Group

Participants can take part in the course irrespective of their previous knowledge of the subject or their position in the company. It is suitable for all staff members who would like support in dealing with new situations, changes, launches or restructuring measures in the company.

## Investment

1 online module  
**290.00 euros net**

## Included in the course fee

- 1 online module with interactive units lasting 2 hours in total
- 1 personal coaching session lasting 15 minutes
- Course materials as workbook: accompanying documentation with checklists and summaries that can be downloaded
- Access to the learning platform for 3 months

## Registration

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